



Tulsa Public Schools - High School Lunch Menu




**August 2017**



**EVERYDAY CHOICES**

Fresh Whole Fruit • Fresh or Steamed Vegetables • Fruit Juice • Half Pint Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> 	<p>2</p>	<p>3</p>	<p>4</p> 	
<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>14</p>	<p>15</p>	<p>16</p> 	<p>17</p>	<p>18</p>
<p>21</p> <ul style="list-style-type: none"> <li>Hot Dog</li> <li>Country Steak Fingers</li> <li>Hot Turkey &amp; Cheese Sandwich</li> <li>Turkey Chef Salad w/ Cheez Its</li> <li>Fruit &amp; Cheese Plate &amp; Cheez Its</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Veggie Supreme Pizza</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>Chili Cheese Burrito</li> <li>Crispy Fish Nuggets</li> <li>Veggie Chef Salad w/ Cheez Its</li> <li>Grilled Chicken Wrap</li> <li>Cheese Nachos w/ Black Beans</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>All American Cheeseburger Pizza</li> <li>Spanish Brown Rice</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>Italian Baked Pasta w/ Garlic Toast</li> <li>Crispy Chicken Sandwich</li> <li>Hamburger</li> <li>Ham Chef Salad w/ Cheez Its</li> <li>American Wrap</li> <li>Cheese Pizza</li> <li>Veggie Supreme Pizza</li> <li>Buffalo Chicken Pizza</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>Hot Meatball Sub</li> <li>Baked Potato w/ Broccoli &amp; Cheese Sauce</li> <li>Honduran Quesadillas</li> <li>Grilled Chicken Salad w/ Cheez Its</li> <li>Ham &amp; Cheese Sandwich</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Classic Supreme Pizza</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>Crispy Chicken Strips w/ Waffles</li> <li>Cheeseburger</li> <li>Corn Dog</li> <li>Veggie Chef Salad w/ Cheez Its</li> <li>Turkey &amp; Cheese Wrap</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Spicy Hawaiian Pizza</li> </ul>
<p>28</p> <ul style="list-style-type: none"> <li>Soft Beef Tacos</li> <li>Crispy Chicken Sandwich</li> <li>Hot Ham &amp; Cheese Sandwich</li> <li>Southwest Veggie Wrap</li> <li>Ham Chef Salad w/ Cheez Its</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Veggie Supreme Pizza</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>Sweet &amp; Sour Chicken</li> <li>Cheese Nachos w/ Refried Beans</li> <li>Hamburger</li> <li>Turkey Chef Salad w/ Cheez Its</li> <li>Ham &amp; Cheese Sandwich</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Buffalo Chicken Pizza</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>Chicken Broccoli Alfredo Pasta w/ Garlic Toast</li> <li>Hot Meatball Sub</li> <li>Cheeseburger</li> <li>Veggie Chef Salad w/ Cheez Its</li> <li>Turkey &amp; Cheese Sub</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>All American Cheeseburger Pizza</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>Frito Pie</li> <li>Crispy Chicken Drumstick</li> <li>Hot Turkey &amp; Cheese Sandwich</li> <li>Grilled Chicken Chef Salad w/ Cheez Its</li> <li>Fruit &amp; Cheese Plate w/ Cheez Its</li> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Spicy Hawaiian Pizza</li> </ul>	

Menu subject to change without notice

This institute is an equal opportunity provider and employer