

Grab n Go Breakfast April 2018

Monday

Tuesday

Wednesday

Thursday

Friday

2	3	4	5	6
Blueberry Mini Pancakes 35g Applesauce Cup 13.5g Fruit Juice 12-14g Milk 12g	Sausage Cheese Pita Pocket 15g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	Loaded Breakfast Toast 18g Fresh Banana 23g Fruit Juice 12-14g Milk 12g	English Muffin w/ Eggs & Cheese 27g Fresh Apple 12g Fruit Juice 12-14g Milk 12g	Breakfast Pizza 22g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g
9	10	11	12	13
Southern Peach Biscuit 31g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	French Toast 25g Applesauce Cup 13.5g Fruit Juice 12-14g Milk 12g	Cheese Breadstick 26g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	Biscuit w/Canadian Ham & Cheese 27g Fresh Banana 23g Fruit Juice 12-14g Milk 12g	Maple Sausage Pancake 17g Fresh Apple 12g Fruit Juice 12-14g Milk 12g
16	17	18	19	20
Cinnamon Mini Pancakes 35g Applesauce Cup 13.5g Fruit Juice 12-14g Milk 12g	Loaded Breakfast Toast 18g Fresh Apple 12g Fruit Juice 12-14g Milk 12g	Breakfast Bread 40g Fresh Banana 23g Fruit Juice 12-14g Milk 12g	Cold Cereal 21-24g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	Biscuit w/ Sausage 27g Fresh Banana 23g Fruit Juice 12-14g Milk 12g
23	24	25	26	27
French Toast 25g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	Apple Cinnamon Sausage Pancake 17g Applesauce Cup 13.5g Fruit Juice 12-14g Milk 12g	Cheese Breadstick 26g Fresh Apple 12g or Banana 12-23g Fruit Juice 12-14g Milk 12g	Cold Cereal 21-24g Fresh Apple or Banana 12-23g Fruit Juice 12-14g Milk 12g	Biscuit w/Canadian Ham & Cheese 27g Fresh Apple 12g Fruit Juice 12-14g Milk 12g
30				
Blueberry Mini Pancakes 35g Applesauce Cup 13.5g Fruit Juice 12-14g Milk 12g				

Menu is subject to change without notice

This institution is an equal opportunity employer & provider